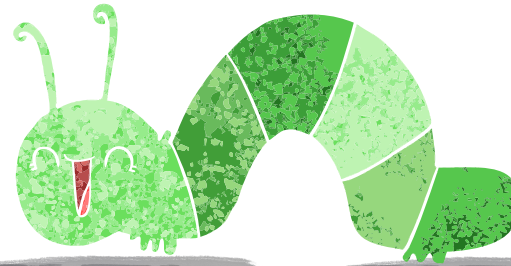


Millard Children's Academy

WEEKLY MENU



Monday 29

Tuesday 30

Wednesday 1

Thursday 2

Friday 3

Breakfast

WG Cereal and Milk
Fruit

WG Cereal and Milk
Fruit

WG Cereal and Milk
Fruit

WG Cereal and Milk
Fruit

Hot Breakfast
WG Cereal and Milk
Fruit

AM Snack

Fresh Fruit

Cottage Cheese

English Muffins

WG Wheat Thins

Raisins

Lunch

Hot Dog on a Bun
Corn
Mixed Fruit
Milk

Chicken Nuggets
Peas
Pears
Bread and Butter
Milk

Beef Stew
Mixed Vegetables
Mandarin Oranges
Bread and Butter
Milk

Tater Tot Casserole
Green Beans
Peaches
Bread and Butter
Milk

Lunch Meat Sandwich
Carrots
Applesauce
WG Sun Chips
Milk

PM Snack

Carrots & Ranch
Juice

Cheez-Its
Juice

Graham Crackers
Milk

Chex Mix
Juice

Cook's Choice

